DECEMBER 2024

MONTHLY SCHEDULE - RECREATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						10:30 Current Events 2:00 Active Games 1
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 Floor activity (2) 2	10:30 Chair Yoga 1:00 MSE 2:00 Christmas movie 5:30 Friendly Faces (3) 3	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 5:30 Floor activity (4) 4	10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 Floor activity (5) 5	10:00 Mouvement de passage (3) 1:00 MSE 2:00 Happy Hour 5:30 Friendly Faces (3) 6	2:00 Music & Movement 7	9:00 MSE 2:00 Tribute Hour 8
10:30 Sunshine Social 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 Floor activity (2) 9	10:30 Chair Yoga 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3) 10	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 5:30 Floor activity (4) 11	10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 Floor activity (5) 12	10:00 Mouvement de passage (3) 10:30 Catholic Service 1:00 MSE 2:00 Happy Hour 5:30 Friendly Faces (3) 13	9:00 MSE 2:00 Music & Movement 14	9:00 MSE 2:00 Tribute Hour 15
10:00 Mouvement de passage (3) 2:00 MSE 5:30 Friendly Faces (3) 5:30 Floor activity (2) 16	1:30 Resident Christmas Party (3) 5:30 Friendly Faces (3) 17	1:30 Resident Christmas Party (2) 5:30 Friendly Faces (3) 5:30 Floor activity (4) 18	1:30 Resident Christmas Party (4) 5:30 Friendly Faces (3) 5:30 Floor activity (5) 19	1:30 Resident Christmas Party (5) 5:30 Friendly Faces (3) 20	2:00 Music & Movement 21	10:30 Current Events 2:00 Active Games 22
2:00 MSE 5:30 Friendly Faces (3) 5:30 Floor activity (2) 23	10:30 Chair Yoga 2:00 Christmas Eve Gathering 1:00 MSE 5:30 Friendly Faces (3) 24	*Merry Christmas* Recreation Closed 25	5:30 Friendly Faces (3) 5:30 Floor activity (5) 26	1:00 MSE 5:30 Friendly Faces (3) 27	9:00 MSE 2:00 Music & Movement 28	10:30 Current Events 2:00 Active Games 29
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 Floor activity (2) 30	10:30 Chair Yoga 1:00 MSE 2:00 New Years Eve Celebration 5:30 Friendly Faces (3) 31	*The Friendly Faces is for the residents of the 3rd floor only. **Please be advised that due to unexpected circumstances, activities may, on occasion,be changed, post-poned or cancelled. ***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you! 				